

Paper Plate Ping-Pong

Collect from around your home

- One paper plate for each player
- wide adhesive tape (painter's crepe or parcel tape)
- soft foam balls or blown up balloons

Preparation

Using the tape, attach the paper plate to the palm of each player's outstretched hand, to create the effect of a racket.

Older, more experienced players can play with foam balls, and younger players with balloons.

Game variation 1 (easy)

Players hit a balloon back and forth over an imagined net, using their paper plate rackets. You score points by keeping the balloon from hitting the ground, if you miss the return hit, your opponent gains a point. First player to 10 points is the winner.

You can play one on one player, or for more than four players, everyone should stand in a circle facing each other and then the balloon can be returned in any direction. For the group version, if a player misses the return hit, they sit down. The last player standing is the winner.



Game variation 2 (a little harder)

Divide your group into two teams of two. Stretch a line across the lawn using either crepe paper, packaging tape or even a hose pipe. Place one team on either side of the line. Each team is now trying to hit the balloon into the opponent's field and at the same time prevent the balloon from touching the ground in the own field (similar to volleyball). If a team misses the return hit and the balloon lands on the ground, the other team is awarded a point. The first team to score 10 points is the winning team.